

This newspaper will help you find the services you need at Hopelink.

hopelink  
Helping people. Changing lives.  
www.hope-link.org

# Pathways to Success

Winter 2012 Vol. 5, No. 1

The quarterly newsletter of Hopelink's services



## Gift Rooms Warm Up the Holidays

Act as if what you do makes a difference. It does.

—William James

### SPOTLIGHT ON



#### Energy Assistance

See page 4 for more information.



#### Free Tax Help

See page 5 for more information.

# Hopelink Help

Hopelink can help you in many different ways. If we don't have what you need, we can tell you whom to call.

## WHERE TO LOOK FOR HELP

**Hopelink is here to help you.** We have five centers where we offer emergency help and support to people who need it.

**Not sure where to call?** To find out more about Hopelink services, please call the center closest to where you live. All Hopelink centers are open Monday through Friday from 8:30 AM to 5:00 PM, except Sno-Valley which is closed on Fridays.

## HOPELINK CENTERS

### Redmond

425-882-0241  
16725 Cleveland Street  
Redmond, WA 98052

### Bellevue

425-943-7555  
14812 Main Street  
Bellevue, WA 98007

### Kirkland/Northshore

425-889-7880  
11011 120th Ave NE  
Kirkland, WA 98033

### Shoreline

206-440-7300  
15809 Westminster Way N  
Shoreline, WA 98133

### Sno-Valley

425-333-4163  
31957 E Commercial Street  
Carnation, WA 98014

## Family Development

The Hopelink Family Development Program is a free voluntary case management program that helps families move toward self sufficiency. A Family Development Specialist is available to develop a long-term partnership with your family to help you achieve success. We will help your family set short and long-term goals toward improving your finances, employment, housing, education and family relationships. If you live in north or east King County, are low income, and have at least one child under the age of 18 living with you, the Family Development Program can help your family find important resources within your community that will help you make lasting change.

**To learn more about the Family Development Program, please call the Intake Screening Line at 425-298-0006.**

## Legal Help

The Eastside Legal Clinic can give you advice on civil legal problems. The clinic has volunteer attorneys (lawyers) who will meet with you for 30 minutes for free. The free clinic is at the Hopelink center in Bellevue on Wednesdays from 7:00 PM to 9:00 PM. You must make an appointment to talk to an attorney.

**Please call 206-267-7070 Monday through Thursday between 9:00 AM and 12:00 Noon to make an appointment.**

Eastside Legal Assistance Program (ELAP) also helps people who live on the Eastside with legal problems. ELAP has different clinics for different kinds of legal problems. There is an immigration clinic; a family law and domestic violence clinic; and clinics for people who speak Spanish or Russian. The immigration clinic is at the Hopelink center in Bellevue twice each month. A general and family law clinic is at the Kirkland/Northshore center twice each month. You must make an appointment to go to a clinic.

**Please call 425-747-7274 to make an appointment for any of the ELAP legal clinics. This line is available in English, Spanish and Russian.**

## Transportation

### Medicaid Transportation

Do you receive Medicaid assistance? If you do, Hopelink may be able to help you get rides to and from your medical appointments.

**To schedule an appointment, please call:**

**In King County: 1-800-923-7433.**

**In Snohomish County: 1-855-766-7433.**

### DART (Dial-a-Ride Transit)

King County Metro has hired Hopelink to operate DART (Dial-a-Ride Transit). DART buses have a set schedule like regular Metro Transit buses. In some areas of King County, the routes are flexible. This means they can pick up people who might not live near a regular Metro stop.

**To make an appointment for a Metro DART ride, please call 1-866-261-3278. For more information on Hopelink's transportation services, please call 425-943-6789. TDD/TTY line: 1-800-246-1646.**

### Getting Around Puget Sound

Do you want to travel to lots of places? Not sure how to get there? Meet with us to talk about all the many options: bus, taxi, volunteer driver, van pool, etc. **Cost: Free**

Come see us for help with your transportation questions:

**Hopelink, Bellevue Center by phone only: 425-943-6760**

### Peter Kirk Community Center

352 Kirkland Avenue, Kirkland  
1st Wednesday of the month, 9:00 AM – 11:00 AM

### North Bellevue Community Center

4063 148th Avenue NE, Bellevue  
2nd and 4th Monday of the month, 11:00 AM – 1:00 PM

### Redmond Senior Center

8703 160th Avenue NE, Redmond  
2nd and 4th Thursday of the month, 11:00 AM – 1:00 PM

### Crossroads Mall, Bellevue Mini-City Hall

15600 NE 8th Street, Bellevue  
Thursdays, 1:00 PM – 3:00 PM

### Hopelink Shoreline Food Bank

15809 Westminster Way N., Shoreline  
3rd Thursday of the month, 10:00 AM – 12:00 PM

### Third Place Commons, Lake Forest Park Mall

Beginning January 2012  
Call 425 943-6760 for schedule

## Food Bank

Hopelink has five food banks for low-income people. These food banks are located in Bellevue, Redmond, Kirkland, Carnation, and Shoreline. Hopelink has many different types of food available. Some of the food items available are soup, vegetables, fruit, protein, rice, pasta, cereal, peanut butter, and bread. Also, Hopelink is sometimes able to give paper products, soap, toothpaste and other non-food items. Food banks are open during the day for everyone and in the evening for people who work or are in school. See back page for days and times when the food banks are open. Hopelink can also make home deliveries of food to homebound individuals.

**Please call the center nearest to where you live for more information or to make an appointment to sign up for food bank.**

## Housing

Hopelink can help your family find or stay in safe housing that you can afford. Hopelink offers help in many ways.

### Eviction Prevention

Hopelink can help with part of your monthly rent if you are facing eviction. Hopelink can help families as well as individuals. You must have an "Eviction" or "Pay-or-Vacate" notice and live in north or east King County to get help.

Please call the Hopelink center nearest to where you live for more information.

### First Month's Rent

Hopelink can help with a part of the first month's rent if you are moving to a new home. You must have a "Move-In" agreement and the new home must be in north or east King County to get help.

Please call the Hopelink center nearest to where you live for more information.

### Emergency Family Shelter

If your family is homeless and does not have a place to live, Hopelink may be able to help you. Hopelink's shelters provide short-term housing while you look for more stable housing. A case manager will assist your family to find housing as well as other kinds of support that your family may need. Limited assistance is available for short-term motel vouchers for north and east King County households as determined appropriate by staff.

Please call 425-556-9289 to find out more about Hopelink's emergency shelters.

### Transitional Housing

With locations in Bellevue, Bothell, Duvall and Redmond, Hopelink's Transitional Housing Program helps families that need more support to get a safe, affordable place to live. Families can live in transitional housing for up to two years. During that time, families work with their case manager to help determine and reach goals that will improve their quality of life. Case managers help families in many ways. This help can include improving their credit, managing their money, writing a résumé, finding a job, learning more parenting skills, and finding safe, affordable permanent housing. In its 20-year history, Hopelink's Transitional Housing Program has helped nearly all its families reach their housing goals.

Please call 425-556-9289 for more information about the Transitional Housing Program.

## 2-1-1, The Community Information Line

Do you have questions about:

- The nearest food bank or shelter?
- Where to find help for older people?
- How to find drug counseling services?

King County 2-1-1 can answer these questions and hundreds more! It's a free, easy-to-remember number that connects people who need help to the services they need. It can also connect volunteers with places that need their help. 2-1-1 works to get people the information they need, and helps coordinate services.

King County 2-1-1 is available Monday-Friday from 8:00 AM to 6:00 PM

From a cell phone, please call 206-461-3200.

You can also find 2-1-1 information online: [www.win211.org](http://www.win211.org)

## RotaCare Free Health Clinic

RotaCare Free Health Clinic offers free basic medical care and medicines to men, women and children. (RotaCare does not offer preventative care, school immunizations or physicals of any kind.) You may come to the clinic if you do not have medical insurance and do not have the money to pay the full cost of a regular doctor's visit. You do not need an appointment for RotaCare Clinic.

The clinic is held at the Hopelink center in Bellevue on Saturdays from 9:30 AM to 11:30 AM.

## QUICK CONTACT LIST

### Hopelink Centers

Bellevue .....	425-943-7555
Kirkland/Northshore .....	425-889-7880
Redmond .....	425-882-0241
Shoreline .....	206-440-7300
Sno-Valley .....	425-333-4163

### Adult Education Programs

ESL Beginner Classes .....	425-250-3007
ESL Citizenship .....	425-250-3007
ESL Sno-Valley .....	425-250-3005
ESL Talk Time .....	425-250-3005
Financial Literacy .....	425-250-3003
GED .....	425-457-9685
ABE Tutoring .....	425-533-8963

### Express Credit Union

Express Credit Union .....	206-622-1850
Citizenship Loans .....	206-612-5689
Tax Preparation Campaign (UWKC)	
<a href="http://www.unitedwayofkingcounty.org/taxhelp">www.unitedwayofkingcounty.org/taxhelp</a>	

Employment Program .....	425-250-3006
<a href="mailto:HEP@hope-link.org">HEP@hope-link.org</a>	

### Energy Assistance

For PSE appointment .....	800-348-7144
If PSE service is now disconnected .....	425-869-6027

### Family Development

Intake Screening Line .....	425-298-0006
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### Housing

Call nearest Center for assistance	
Hopelink Emergency Shelter .....	425-556-9289
Hopelink Transitional Housing .....	425-556-9289

### General Assistance

The Community Information Line .....	2-1-1
From a cell phone: .....	206-461-3200

### Legal Assistance

Eastside Legal Clinic appointments .....	206-267-7070
9AM - Noon, Mon - Thurs	
ELAP .....	425-747-7274

### Medical Assistance

Rotocare Clinic	9:30-11:30AM
Saturdays	Bellevue Center

### Transportation

Medicaid transportation – King County .....	800-923-7433
Medicaid transportation – Sno County .....	855-766-7433
Medicaid Interpreter Services .....	425-378-7977
Metro DART .....	866-261-3278
Getting Around Puget Sound .....	425-943-6760

# SPOTLIGHT ON ENERGY ASSISTANCE

## Energy Assistance Programs

Need help paying your utility bills? Hopelink has two grant programs that could be just what you need to stay warm during the winter months: PSE Help and LIHEAP. The PSE Help program begins every October and is available to Puget Sound Energy gas and/or electric customers. This grant is paid directly to your PSE gas or electric account.

The LIHEAP program is federally funded and begins in November, or as funds become available. This grant is paid directly to the utility company and can help pay for the following types of primary heating: gas, electric, oil, kerosene, propane, or wood.

Please note that grant amounts vary from year to year and may not equal the total energy charges due at the time of the appointment. You will continue to receive your energy bill and are responsible for any charges above and beyond your grant.

To schedule an appointment for energy assistance, call the Energy Assistance Appointment and Information Line at 1-800-348-7144. Please note: This is the only way to schedule an appointment; walk-in appointments are not accepted. You do not need to be past due on your bill, pending disconnection, or shut off to make an appointment.

## Energy Conservation Workshops

Hopelink also offers workshops at each center that will help you learn ways to use less energy and save money. The workshops are designed for both renters and homeowners and all participants receive a gift bag of products – including a reusable cloth grocery bag, light bulbs, a window insulation kit, and water saving devices. Workshops last an hour and are offered monthly at each center. For a class schedule or to sign up, please call Heather, the Energy Conservation Specialist, at 425-882-0241.

For any other questions about Hopelink's energy programs, contact the Redmond Hopelink Services Center at 425-882-0241.



# Holidays at Hopelink

The holiday season is a great time to check out the many services and programs Hopelink has to offer. In each of our five centers, Hopelink volunteers will help you shop for all of your children (up to 18 years old), and you can choose from a wide variety of gifts – including stuffed toys, dolls, arts & crafts supplies/kits, electronics, sports equipment, board games, books, clothing and much more. Gifts are unwrapped so you can choose what you'd like and wrap however you wish.

Gift room visits are by appointment only. For information on eligibility requirements and how to register, please contact your local Hopelink center.

Hopelink food banks are year-round and offer many different grocery items. During the holidays, we also try to offer foods to help you celebrate the season in your own way. Call now to register for food bank!

*For addresses and phone numbers of Hopelink's centers, see page 2.*

## Important Dates:

**October 17th:** Current food bank clients can begin scheduling gift room appointments.

**November 1st:** Non-food bank clients can begin scheduling appointments to register for a gift room appointment.

**December 9th:** Last day to register for the gift room.

**December 17th:** Gift room at Shoreline Center.

**December 19th–22nd:** Gift rooms for Bellevue, Kirkland/Northshore, Redmond, Sno-Valley.



# FREE TAX HELP

## Express Credit Union

Tax season is coming up fast and that's a perfect time to get a savings or checking account that meets your needs. You can receive a tax refund faster by having it directly deposited into your account. Plus, if you automatically deposit any of your refund into a savings account, you can begin or increase your savings for emergencies, or even retirement!

Express Credit Union is an accessible option for people who do not have a bank account, or who would like to switch to a different financial institution in time for tax season.

Community Member Service Reps (CMSRs) are available in the community, making it easy to have a conversation about what fits your needs. Three Hopelink sites host a CMSR during center hours. Our two new CMSRs are Rachel Warren and Volha Kudrautsava. See schedule below.

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**Hopelink Shoreline** CMSR - Rachel Warren (English, Spanish, Swahili)  
Wednesday 10:00AM - 4:00PM  
Please call 206-734-5008 before you come.

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**Hopelink Bellevue** CMSR - Rachel Warren (English, Spanish, Swahili)  
Thursday 10:00AM - 4:00PM  
Please call 206-734-5008 before you come.

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**Hopelink Bellevue** CMSR - Volha Kudrautsava (English, Russian)  
Wednesday 10:00AM - 4:00PM  
Please call 206-992-1720 before you come.  
(new hours starting Dec 2011)

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**Hopelink Kirkland** CMSR - Rachel Warren (English, Spanish, Swahili)  
Friday 10:00AM - 4:00PM  
Please call 206-734-5008 before you come.

Please visit the Express Credit Union website [www.expresscu.org](http://www.expresscu.org) to see all the programs offered.

## Financial Literacy

Money Smart is a five-week series taught by volunteer banking professionals. Students can register for the five class series or for single classes. In addition, Hopelink offers web-based tools to teach you how to better manage your finances. Contact 425-250-3003 for information.

### Hopelink Kirkland/Northshore

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#### Banking & Checking

January 18 Wednesday 6:00PM - 8:00PM

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#### Managing & Saving Money

January 25 Wednesday 6:00PM - 8:00PM

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#### Consumer Protection

February 1 Wednesday 6:00PM - 8:00PM

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#### Borrowing & Credit

February 8 Wednesday 6:00PM - 8:00PM

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#### Your Credit History

February 15 Wednesday 6:00PM - 8:00PM

## Free Tax Preparation at Two Hopelink Sites

Not planning to file a tax return this year? If you have a small amount of earned income, think again! You may qualify for the Earned Income Tax Credit (EITC). Even if you're not required to file a tax return, doing so may return hard-earned dollars to you from the U.S. government through the EITC and other credits.

Free tax preparation services provided by United Way of King County at Hopelink centers in Bellevue and Shoreline will help you file a return and apply for the EITC and other tax credits if applicable, even if you haven't filed a tax return recently – or ever. Last year, one person (with the help of the tax service) was able to file returns going back several years, and received four years worth of EITC money.

Free tax preparation services will be available at Hopelink centers in Bellevue and Shoreline from January through April, 2012. (See schedule below) This is a service provided by United Way of King County for households making less than \$50,000 per year. No appointment is necessary, and citizenship is not necessary. The service is for basic tax returns only – no business taxes, rental income or sale of property or stock.

Look for full details of what documents to bring to the free tax preparation service site at this website [www.unitedwayofkingcounty.org/taxhelp](http://www.unitedwayofkingcounty.org/taxhelp) or look for the Free Tax Preparation flyers at Hopelink centers in early December.

Users of the free tax services can get help with their tax return and avoid paying unnecessary fees for commercial tax preparation and "rapid refund" loans. A refund from your tax return can be put to work for you – starting or refilling an emergency savings fund, paying off a high-interest debt or purchasing critical medical or other services. It's your hard-earned money, waiting to be claimed.

If you don't have a bank account, check out Express Credit Union or another bank with no or low fee checking accounts through Bank On Seattle at [www.everyoneiswelcome.org](http://www.everyoneiswelcome.org).

If you'd like help with planning for how to use that refund, join one of our two financial education class series or even a single class.

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### Hopelink Shoreline

January 10 – April 17	Wednesday	5:00PM - 9:00PM
	Thursday	1:00PM - 9:00PM
	Saturday	10:00AM - 2:00PM

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### Hopelink Bellevue

January 10 – February 24	Tuesday	1:00PM - 9:00PM
	Thursday	1:00PM - 9:00PM
	Saturday	10:00AM - 2:00PM

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### Hopelink Bellevue

February 25 - April 17	Tuesday	1:00PM - 5:00PM
	Thursday	1:00PM - 9:00PM
	Saturday	10:00AM - 2:00PM

# Hopelink Classes for Adults

Hopelink helps adults learn skills that will improve their lives in many ways. We can help adults learn English, basic reading, writing and math; and skills like money management, how to buy a house and how to use a computer.

## GED

Come join our other GED graduates and earn your high school equivalency credential. Millions of people like you have taken the GED Tests to get a better job, continue their education, or fulfill their personal aspirations.

Classes are relaxed and customized to help you work on the skills you need to learn to pass the tests. Students may attend class at ANY of the locations that their schedule will allow. To attend class you must FIRST attend GED Class Orientation. To sign up call Kathy Nolan: 425-457-9685.

### October-December 2011

#### Redmond

Monday & Wednesday 12:30 PM-2:30 PM

#### Kirkland

Tuesday & Friday 10:00 AM-12:00 PM  
Monday 5:30 PM-7:30 PM

#### Bellevue

Wednesday 5:30 PM-7:30 PM

#### Carnation

Thursday 10:00 AM-12:00 PM

#### Duvall

Thursday 2:30 PM-4:30 PM

### January-March 2011

#### Redmond

Monday & Wednesday 12:30 PM-2:30 PM

#### Kirkland

Tuesday & Friday 10:00 AM-12:00 PM

#### Bellevue

Monday 5:30 PM-7:30 PM

#### Carnation

Thursday 10:00 AM-12:00 PM

#### Duvall

Thursday 2:30 PM-4:30 PM

## ADULT BASIC EDUCATION

### One-on-One Tutoring

Hopelink's literacy program works to equip our community's adults with the basic literacy skills they need in order to be better family members, workers and community members. If you had to drop out of school, or had a difficult time in school, or want to improve your reading or math skills for your job, this is the program for you. Confidential one-on-one tutoring by trained volunteers is offered for adults in reading, writing and mathematics. Volunteer tutors and learners meet twice a week for an hour in a public location like a library or Hopelink office to help a learner reach his/her individual goals. Tutoring may occur in the morning or afternoon or evening. There is no charge, but you must have child care and transportation and no major life changes anticipated in the next six months.

Contact Lisa Yeager at 425-533-8963 or [lyeager@hope-link.org](mailto:lyeager@hope-link.org) to find out about getting a tutor or becoming a tutor.

## BRIDGE TO BASICS FREE HELP

Bridge to Basics is a WithinReach program. WithinReach is an agency helping families become healthy and stay healthy. This program is a collaboration between WithinReach and United Way of King County. They work with Hopelink to connect clients with other services.

### See if you qualify for:

- Food Assistance - Basic Food/Food Stamps
- Utility Assistance
- Free or Low Cost Children's Health Insurance
- Help find childcare for working parents
- Job Training Resources
- Bank on Seattle - free and low cost bank accounts, free check cashing

Volunteers are available to help you during food bank hours at our five centers. Ask center staff if you do not see them.

#### Bellevue

1st & 3rd Tuesday 10:30AM – 1:00PM  
2nd & 4th Tuesday 4:30PM – 7:00PM

#### Kirkland-Northshore

1st & 2nd Wednesdays 10:30AM – 12:30PM  
1st & 3rd Mondays 2:00PM – 4:00PM  
2nd & 3rd Thursdays 4:00PM – 6:00PM

#### Redmond

2nd & 4th Thursday 10:30AM – 12:00PM

#### Shoreline

2nd & 4th Tuesdays 5:15PM – 6:45PM  
4th Wednesday 10:00AM – 12:00PM

#### Sno-Valley

1st Thursday 12:00PM – 1:30PM

“My teachers help me very much!”

# Winter Class Schedule

January-March 2012

425-889-7880

## ENGLISH AS A SECOND LANGUAGE - ESL

### Adult Beginning ESL Classes

#### LEARNING ENGLISH?

Hopelink's beginning-level English classes teach listening, speaking, reading, and writing to help students learn communication skills for work, for college, and for daily life.

Classes for students who pre-register and who test into our program are held at:

- Lake Hills Elementary School in Bellevue, three evenings per week
- Redmond Library, two mornings per week
- Kingsgate Library, two evenings per week

Placement testing is required.

Placement tests ensure that students are placed in the correct class and identify students' learning goals. Post-tests show students how they are progressing towards those goals.

To check eligibility and to make a test appointment: call Marci in December (or have someone call for you). 425-250-3007.

At the test appointment students will also register for class. Please come with someone who can speak English.

### ESL Placement Test Dates

**Redmond Library** 15990 N.E. 85th St., Redmond, WA 98052  
January 3 Tuesday 10:30AM - 12:30PM

**Kingsgate Library** 12315 N.E. 143rd St., Kirkland, WA 98034  
January 3 Tuesday 6:30PM - 8:30PM

**Hopelink Bellevue** 14812 Main St., Bellevue, WA 98007  
January 6 Friday 6:30PM - 8:30PM

**Hopelink Kirkland** 11011 120th Ave. N.E., Kirkland, WA 98033  
January 7 Saturday 10:00AM - 12:00PM

**Lake Hills Elementary School**  
14310 S.E. 12th St., Bellevue, WA 98007  
January 9 Monday 6:30PM - 8:30PM

## EMPLOYMENT PROGRAM

The Employment Program helps Hopelink clients find and develop a career. A Job Developer helps with setting goals and developing an action plan. This action plan often includes: employment workshops, writing a résumé and cover letter, searching for jobs online, doing practice interviews, and talking about more education. The Job Developer works on strengths you already have. This helps you move forward to self-sufficiency. Additional support offered for non-native English speakers through classes focused on workplace communication skills and language.

For more information, please email [HEP@hope-link.org](mailto:HEP@hope-link.org) or call 425-250-3006.

## ESL continued

### Talk Time

Talk Time helps adults learn to have conversations in English. In small groups, students practice speaking and listening. Register on-site. Call 425-250-3005 for more information.

#### Lake Forest Park Elementary

Call for dates 425-250-3005 Monday 6:00PM - 8:00PM  
No class January. 16 and February. 20

#### Kirkland Library

Call for dates 425-250-3005 Tuesday 6:30PM - 8:30PM

#### Redmond Library

Call for dates 425-250-3005 Wednesday 6:30PM - 8:30PM

#### Shoreline *Exact location to be determined*

Call for dates 425-250-3005 Thursday 9:30AM - 11:30AM

#### Newport Covenant Church

Call for dates 425-250-3005 Friday 9:30AM - 11:30AM  
No class February 24

### Sno-Valley

Learn to speak, read, write, and listen to English. Register on-site. No testing required. Call 425-250-3008 for more information.

#### North Bend Library

January 9 - March 19 Monday 6:30PM - 8:00PM  
No class January 16 and February 20

#### Hopelink-Duvall

January 9 - March 19 Monday 6:30PM - 8:00PM  
No class January 16 and February 20

#### Hopelink - Carnation *Tentative – call for dates 425-250-3008*

January 11 - March 21 Wednesday 6:30PM - 8:30PM

### ESL Citizenship

ESL Citizenship classes help students who are ESL-level-3 and above to prepare for the U.S. citizenship interview: teaching vocabulary; explaining and reviewing the N-400 application; teaching history and civics to answer the 100 questions; and providing practice in listening, speaking, reading and writing.

Call 425-250-3007 for information and to register.

## COMPUTER WORKFORCE COMPETENCIES

Learn how to perform basic operations on the computer, learn about Microsoft Office programs, Outlook and computer vocabulary, operate the World Wide Web and perform Internet job searches.

Please refer to Hopelink's website at [www.hope-link.org](http://www.hope-link.org) for upcoming schedules.

# HOPELINK FOOD BANKS



## REGULAR FOOD BANK HOURS

■ <b>Bellevue Center</b>	Regular Food Bank	1st and 3rd Tuesdays	10:30 AM – 1:00 PM
		1st, 2nd, 3rd, & 4th Wednesdays	10:30 AM – 1:00 PM
■ <b>Kirkland/Northshore Center</b>		1st, 2nd, 3rd, & 4th Thursdays	10:30 AM – 1:00 PM
	Evening Food Bank	2nd and 4th Tuesdays	4:30 PM – 7:00 PM
■ <b>Redmond Center</b>	Disabled and Seniors	Mondays and Wednesdays	10:00 AM – 4:00 PM
	Regular Food Bank	Tuesdays and Thursdays	Noon – 6:30 PM
■ <b>Shoreline Center</b>	Evening Food Bank	1st and 3rd Thursdays	10:30 AM – Noon
		2nd and 4th Thursdays	10:30 AM – Noon
■ <b>Sno-Valley Center</b>	Regular Food Bank	2nd and 4th Tuesdays	2:30 PM – 4:30 PM
	Evening Food Bank	1st and 3rd Wednesdays	5:30 PM – 7:00 PM
■ <b>Shoreline Center</b>	Disabled and Seniors	1st and 3rd Tuesdays	10:30 AM – 12:30 PM
	Regular Food Bank	2nd and 4th Wednesdays	10:30 AM – 12:30 PM
■ <b>Sno-Valley Center</b>	Evening Food Bank	2nd and 4th Tuesdays	5:30 PM – 6:45 PM
	Regular Food Bank	1st and 3rd Thursdays	Noon – 1:30 PM
	Evening Food Bank	2nd and 4th Wednesdays	5:30 PM – 6:45 PM

## FOOD BANK DIRECTORY

**Bellevue Center**  
425-943-7555  
14812 Main Street  
Bellevue, WA 98007

**Kirkland/Northshore Center**  
425-889-7880  
11011 120th Ave NE  
Kirkland, WA 98033

**Redmond Center**  
425-882-0241  
16725 Cleveland Street  
Redmond, WA 98052

**Shoreline Center**  
206-440-7300  
15809 Westminster Way N  
Shoreline, WA 98133

**Sno-Valley Center**  
425-333-4163  
31957 E Commercial Street  
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